

Abstract of the Invention

[0064] Disclosed herein are methods for identifying and developing safe and effective nutritional supplement formulations; associated regimens for administering such formulations; and methods for distributing such formulations. The nutritional supplement formulations and associated regimens are adapted to prevent and/or treat specific medical or health conditions. Also disclosed herein are methods for prescribing and supplying nutritional supplement formulations to patients according to appropriate regimens. Particular embodiments of the invention relate to safe and effective nutritional supplement formulations and associated regimens for the prevention and/or treatment of cardiovascular disease ("CVD"). Various embodiments of the invention provide advantages over the prior art in areas such as patient safety, medical effectiveness, physician supervision, patient compliance, and consumer costs.